

Important Questions To Ask Your Doctor

Take an active role in your health care and ask questions. Talking to your doctor, getting educated, and making informed decisions can ensure you receive the best care possible and hold down medical costs.

Medical

- ? Can you explain why I'm having this problem in terms I understand?
- ? What do my symptoms mean?
- ? What tests do I need? Why?
- ? How will these tests help me get better?
- ? How much will the tests cost?
- ? What will the fees be for other services prescribed?
- ? Is surgery or medication necessary? Why?
- ? What other, possibly less costly, treatment options are available?
- ? Can lifestyle changes, such as diet and exercise, help my condition?

Prescription

- ? What is the name of the medicine, and what is it supposed to do?
- ? What dosage should I take, when should I take it, and for how long?
- ? What are the possible side effects, and what should I do if they occur?
- ? What foods, beverages, other prescriptions, and non-prescription medications should I avoid?
- ? Can you provide written information about this medication?
- ? Could you prescribe a generic prescription?
- ? Do you have samples?



What's
your story?

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